

POINTS FOR PREVENTION TEACHER GUIDE



GRADE: 3-5

Place: Classroom

Duration: 35 Minutes

LEARNING OUTCOMES

- Students will put food waste reduction tactics into practice, bringing their food waste knowledge home to share with their families.
- Students will build food-waste-friendly habits at home.
- Students engage in friendly competition and practice encouraging classmates.

OVERVIEW

This take-home activity encourages students to put food waste prevention and reduction activities into practice. The activity allots points for each action that a student takes to minimize their personal food waste, empowering them with an understanding of how they can make a difference for food waste.

Note: Check out SWACO's other food waste education resources, which could provide a context for why food waste is important to preserving our environment and supporting our Central Ohio communities. Recommended resources include the Save More Than Food power point discussion guide and the in-class Food Waste from Farm to Fork activity.

MATERIALS

- Materials: one copy of the Points for Prevention Student Edition worksheet per student.

TEACHER PREP

- Before doing this activity with your students, consider spending class time familiarizing your students with the Importance of reducing food waste to save natural resources using other SWACO resources including the "Food Waste and Natural Resources" power point discussion guide and the "Food Waste from Farm to Fork" in-class activity.
- Review and familiarize yourself with the Points for Prevention student worksheet to gain an understanding of what types of activities your students will participate in throughout the week.



INSTRUCTIONS

1

Day 1:

1. (optional but recommended) Use other SWACO food waste resources to introduce your students to the environmental, social, and economic costs of wasted food.
2. Pass out the student worksheet to your students. Read through the instructions together as well as the chart to talk about the kinds of activities that students can do to reduce food waste. Brainstorm with your students any additional actions that they can take and add them to the chart.



2

Day 2-4:

Remind your students to continue to think about their food waste and to mark their actions in their chart.

3

Day 5:

1. Have your students add up their total points earned throughout the week. Find out who had the highest score and offer them a prize for their food waste prevention efforts (Optional).
2. Refer to the chart on the worksheet for an evaluation of each student's food waste status.
3. As a class, discuss learnings from the week.
 - a. Which activities were easy? Which were difficult?
 - b. Can students see themselves turning any of the actions into habits?
 - c. How did it feel to prevent food waste?
 - d. What did they like about the activities? What did they dislike?
 - e. Did they try anything new? New foods? New way to eat foods? How was that?

